

FOUR CASES OF HIGH BLOOD PRESSURE TREATED SUCCESSFULLY USING HOMEOPATHY

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Systemic High Blood Pressure is thought to be uncommon in dogs. Generalised conditions like diabetes, hypercorticism, hyperaldosteronism and hyperthyroidism, and also Pheochromocytoma and kidney disease are known to cause high systolic blood pressure. In many cases no obvious cause can be found although according to Brown there is always likely to be a significant involvement of the kidneys in cases of SHBP.

Normal systolic blood pressure in dogs is around 130 mmHg whilst 140 mmHg is considered to be

high normal. 160 mmHg is often associated with nephropathy (in dogs and cats) and blood pressure of 180 mmHg and higher can cause hypertensive encephalopathy.

The consequences of high blood pressure can lead to ventricular hypertrophy, hypertensive retinopathy and renal disease. Its worst effects can be felt in the brain when local auto-regulation fails to compensate for the increased systemic pressure and interstitial oedema, increased cranial pressure and/or even

cerebral herniation may arise, leading to obvious devastating consequences. Cerebro-vascular accidents (CVA's) are much less common in dogs than they are in humans.

Textbook of Veterinary Internal Medicine, Sixth edition, Steven J. Ettinger, Edward C. Feldmann, 2005 Elsevier Inc. ISBN 978-0-7216-0117-5 Pages 472 - 476

In all four cases, blood pressure was measured using the Thames Medical Doppler kit.

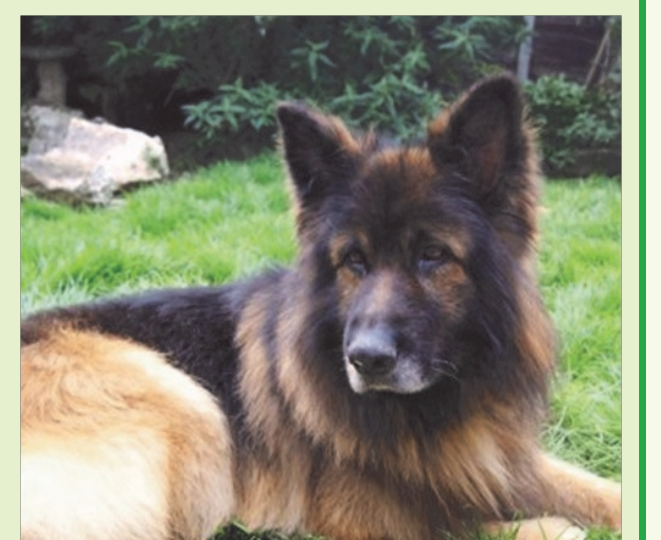
**A chocolate Labrador spayed bitch born in 2001.
High blood pressure diagnosed July 2012: >300 mmHg**

Blood work and full ultrasound examination were normal. She became progressively more and more lethargic. There was very little response to benazepril and atenolol. The owner was considering euthanasia. After a second homeopathic prescription she found her youthfulness again in 3 days: November 2012. Bp was then 140 mmHg. No relapse since. Conventional treatment was stopped. In hindsight it became clear that the syndrome had developed over many months if not years.



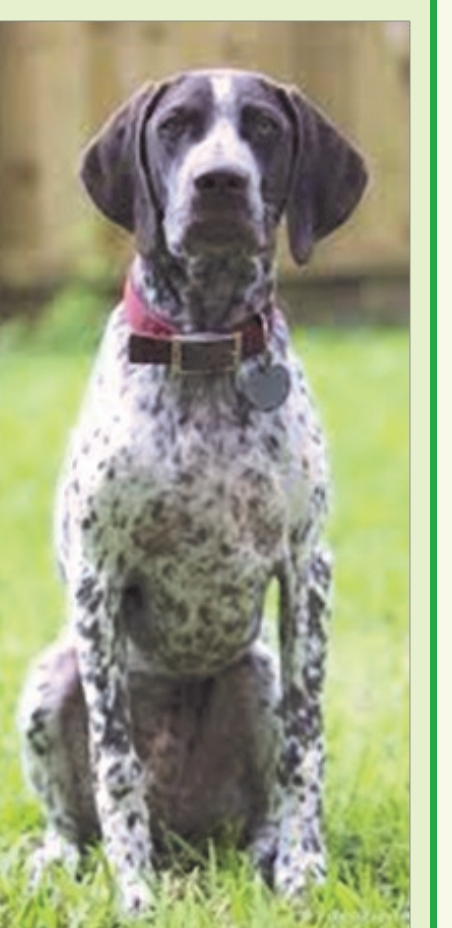
**A German Shepherd spayed bitch born in 2003.
High blood pressure diagnosed October 2013: >300 mmHg.**

Started using homeopathy for long standing skin problems and 5/5 hip dysplasia. The skin problems improved but she became more and more depressed. Hip pain was thought to be the cause. When there was no improvement from pain relief, high Bp was diagnosed. There was a reasonably good response to benazepril. After several homeopathic prescriptions very good success in February 2014, also for skin and hips. Benazepril was stopped. She still takes firocoxib for hips. A new homeopathic prescription was needed in the summer 2014 when the high Bp symptoms returned. 'She has never been so well', said the owner recently.



**A German Pointer spayed bitch born in 2004.
High blood pressure diagnosed October 2013: 250 - 300 mmHg.**

Consulted for lethargy in August 2013: heart murmur 3/5, mild blood changes, normal Xrays and ultrasound. Heart treatment produced no improvement. High Bp was then diagnosed. She temporarily responded well to benazepril. In December there was loss of sight due to fundus oedema. A successful first homeopathic prescription restored sight and brought back her usual playful energy by January 2014: after 3 weeks the Bp was 140 mmHg. Conventional treatment was stopped.



**A yellow Labrador spayed bitch born in 2007.
High blood pressure diagnosed March 2014: 260 mmHg**

Had been unwell for a week and displayed a typical high blood pressure dullness. She winced a few times when the owner wanted to stroke her on the head. Clinically nothing was found. A homeopathic prescription improved the dullness in 3 days. Bp 145 mmHg the next week. No relapses since but further homeopathic treatment for anxiety.



THE SUCCESSFUL REMEDIES:

Aurum muriaticum natronatum : Case 1
Limestone burren *followed by* Graphites : Case 2
Natrium carbonicum : Case 3
Thuja officinalis : Case 4

**What level of evidence is required to accept homeopathy as a technique?
Proof of technique versus the proof of the indication for a remedy.
Homeopathy and conventional medicine go hand in hand.
Prescriptions are individual and can change over time.**